



St Augustine of Canterbury Church,
Hospital Bridge Rd, Twickenham
TW2 6DE



Lent Study 2024

at St Augustine's Church , Whitton

This year's Lent study will be based on Dr Paula Gooder's book, *Lentwise: Spiritual Essentials for Real Life*. The weekly sessions will explore the following themes:



Compass: Finding direction



Nourishment: Keeping going



Light: Gaining wisdom



Shelter: Finding security



Water: Enjoying refreshment

This study will provide a wonderful opportunity to deepen your faith and connect with other members of our community. Everyone is invited to join us for any or all sessions.

In-Person

Thursdays at 6.30 pm at the Vicarage

- First Session: Thu 15th February
- Last Session: Thu 21st March

Online

Sundays at 6.00 pm via Zoom

- First Session: Sun 18th February
- Last Session: Sun 24th March
- Meeting ID: 837 7674 9724
- Passcode: 186213



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